



Covid-19 Guide

Teachers and Dependants

Suspect case

Any person with any acute respiratory illness (fever or cough or difficulty in breathing) AND at least one of the following:

- A history of travel from or residence in countries with presumed widespread transmission (as advised and updated regularly) in the 14 days prior to symptom onset, or
- Close contact with a confirmed or probable case of COVID-19 in the 14 days prior to illness onset, or
- Close contact with an individual with a history of respiratory illness and travel to countries with presumed widespread transmission within the last 30 days, or
- Worked or attended a health care facility in the 14 days prior to onset of symptoms where patients with hospital-associated COVID-19 infections have been reported

Probable Case

A suspect case for whom testing for COVID-19 is inconclusive or for whom testing was positive on a pan-coronavirus assay.

Confirmed Case

A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms.

Actions Taken When a Case is Detected

If you are a suspect, probable or confirmed case, the following will take place:

- Stay where you are until given further instructions on how to evacuate and get help. (Call 719, 1528)
- You will be assessed to see if you fit the case definition, and if you fit it, you will be advised on how to go about getting tested and your way forward.
- If you are outside the office, proceed to go home immediately; and stay at home until instructed on what to do.
- You will work from home until advised otherwise.
- Write down all the people you have been in close contact with over the past one week.
- You will follow the medical instructions given.



If Unwell

Call the hotlines below. Don't visit Hospital or Doctor. You will be led via a screening tool to ascertain your status as above. If found to be Covid-19 clear, you can be referred for regular medical care or asked to be followed up at home.

Inform Minet via numbers given below for further assistance. If you have a new "flu" attack with fever, cough, chest pain etc., stay at home for 14 days of self-quarantine. During this period drink a lot of water and take your regular medication.

If symptoms persist, call the Hotlines again. You will be advised on what to do next.

Key Highlights

The COVID -19 issue is now under 100% government control.

No evacuations are permitted. Ambulance providers can only evacuate patients under instructions of the Ministry of Health. What this therefore means is that any cases coming through to Minet for assistance will be handled as per the MOH guideline.

No Patient is supposed to visit any health facility without clearance by the MOH. Whether a queried or confirmed case. Patients are instructed to call number 719 for instructions and remain in their location without any movement until/unless instructed otherwise. They can also call Minet Kenya contact center for guidance while they remain at their location.

Patients will be admitted at the Government Designated Hospitals following their directives.

Hotline numbers

National Hotlines

- 719
- 0800 721 316
- 0729 471 414
- 0732 353 535

Minet contacts

- 1528
- *202*07#

References

World Health Organization
Republic of Kenya, Ministry of
Health

